



Working at Heights Awareness

Course Description

This course is designed for managers, supervisors and operatives working at heights.

Content

At the end of the course participants will be able to:

- Be aware of accidents that happen while working at heights.
- Relate the general requirements of the Health and Safety at Work 1974 act to their own work activities
- Gain a greater understanding of regulations and guidance relating to working at heights
- Be aware of varied means of access to working at heights
- Carry out a risk assessment relating to working at heights
- Plan further specific work based training to ensure safe systems of work

Venue

Park Hill Training & Assessment Centre, LE12 7NG, see map or About Us page, or at your place of work if numbers and resources allow. There are a variety of hotels, farmhouse B & B's or a Travelodge all within easy reach of our centre, please contact us if you require further details.

Duration

One Day— Classroom & Practical
9.00am— 4.30pm approx.

Equipment required

Please bring suitable work shoes and clothing for the practical exercises.

Pre-requisites

None.

Costs

Prices do vary according to numbers so please contact us for further information.

Further information - please see the Links page

Lantra Awards— www.lantra-awards.co.uk,