

Emergency First Aid

Course Description

Lantra Awards training course designed for anyone involved in a land-based industry who has not attended a first aid course run by a recognised organisation during the last two years.

Content

At the end of the course participants will be able to:

- Assess situations and carry out appropriate action including informing emergency services
- Carry out artificial ventilations and chest compressions
- Place a casualty in the recovery position and know when to use this position
- Clear obstructed airways
- Control severe bleeding
- Recognise and treat shock
- Deal with chemical contamination
- Understand the requirements for a first aid kit and how to report accidents in the workplace
- Recognise and treat head injuries

In addition the following objectives are covered:

- Recognise and treat major illnesses
- Deal with burns and scalds
- Deal with poisons
- Deal with fractures

The Forestry Commission +F technical award and/or the use of AED (automated external defibrillators) can be added in to the training day at an extra cost.

Venue

Park Hill Training & Assessment Centre, LE12 7NG, see map or About Us page. There are a variety of hotels, farmhouse B & B's or a Travelodge all within easy reach of our centre, please contact us if you require further details.

Duration

One Day— Classroom
9.00am—4.00pm approx.

Equipment Required

Please wear suitable shoes and clothing for the practical exercises.

Pre-requisites

None.

Further Information - please see the Links page

Lantra Awards— www.lantra-awards.co.uk,