

# Winch Training

This LANTRA course allows the trainee in becoming proficient in operating a hand or powered winch.

One Day Training, this is based on trainees already being experienced in using the prime mover.  
09.00 – 16.30 approx.

The course covers...

- Winching Safety and the Law
- Controlling the Operation
- Winch Types
- Winch Cables/Ropes
- Winching Accessories
- Basic Winching Systems
- Mechanical Advantage
- Winching Systems - Additional Points to Consider
- Concluding the Task
- Practical Assessment.

## Venue

At your place of work or Park Hill Training & Assessment Centre, LE12 7NG.

There are a variety of hotels and farmhouse B & B's all within easy reach of our centre.

Map and Accommodation list can be found on our website's [Contact Us](#) page

## Equipment

For Park Hill Training courses minimal requirement is steel toe capped boots & suitable outdoor clothing. Send a passport type photo via email in order to receive a Skills ID Card after successful completion of the training.

Course requirements are listed on the next page for courses taken on your site.

## Pre- Requisites

A valid driving licence if the winch is being taken on the road, this course also demands a minimum level of fitness.

One Day Training – Trainee **MUST** be able to use the prime mover effectively and safely, please be aware that if you are booked on a one day course and require another days training, this will be organised for a separate date at an additional cost

Two Day Training – None



## Park Hill Training & Assessment Centre

Park Farm, Park Hill Lane, Seagrave, Loughborough, LE12 7NG

T: 01509 815534

F: 0345 5578 498

[www.parkhilltraining.co.uk](http://www.parkhilltraining.co.uk)

[info@parkhilltraining.co.uk](mailto:info@parkhilltraining.co.uk)

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## Venue Requirements (if course is at your site)

### Room/ Area Required

- For theory sessions: A dry, clean and warm room with power supply and tables and chairs for all trainees.
- Flipchart or whiteboard and marker pens.
- Suitable area of ground for manoeuvring & winching materials.
- Washroom and toilet facilities.
- First Aid Equipment.
- Fire Extinguisher.

### Equipment Required

- At least 1 prime mover between 4 trainees which is in good working order.
- Equipment must comply with PUWER Provision and Use of Work Equipment Regulations.
- Winch including all ropes etc. in good safe working order
- Operator manual for all machines.
- Extra fuel.
- An appropriate toolkit.
- PPE for all Trainees
  - Steel toe-capped work boots
  - Ear defenders if applicable
  - Gloves
  - Suitable waterproof outdoor work wear.

### Other Requirements

- Upon arrival on site the instructor may postpone the training or assessment if the equipment or site are unsuitable. Payment will still be due and there will be an extra cost for the rescheduled day.
- All trainees must be fit enough for the training or assessment.
- We require one passport sized photograph of the candidate to be supplied electronically before the assessment otherwise extra costs will be incurred to provide an ID card later.



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